

Elements



Elements

Run

Run away with the wind
Swift, rapid and free
In all directions
Let the wind move you

-

Brighten your surroundings
Like the sun that lit up the lonely sky
Rise and rest as seasons change
Even when days are followed by night
Remain afloat as one to stay ebullient

-

As the earth is made of soil
Hardened through time
To handle the strain of the world
Be as such
Mind body and soul
Be the earth

-

Like a monkey's wedding or showers of blessings
From the heavens it falls
Collectively soothing and at times destructive
Be the nourishment of all things
The medium to cleanse and start anew
Be water, be the rain

